



## Rucksack KiGa

“Language is the key to the world.” (Wilhelm von Humboldt)



The program “Rucksack KiGa” is a parenting and language education program aimed at parents and their children between 3 and 6 years of age who attend a kindergarten and at the educational institutions / organizations where the program takes place. The parents receive support from dedicated parents' counselors, which is based on their life world and history, so that they can support their children in general and language development (in the first and / or second language). Progress, interests and strengths of the children are discussed in the backpack group, with the parents being addressed as experts for the upbringing of their children.

### Goals

- Strengthening the parenting and educational skills of the participating parents
- Improve cooperation between kindergarten and parental home
- Strengthening the parent-child relationship
- Promotion of multilingualism
- Expansion of educational opportunities for children of participating parents
- Strengthening the self-esteem of the participating parents and their children
- Strengthening the social and intercultural skills of everyone involved
- Strengthening togetherness and social cohesion

### Program offer

The program "Backpack KiGa" takes place from October to June, once a week at 2 units (50 minutes each), mainly in day care centers, parent-child centers and migrant organizations throughout Upper Austria. The work of and with the parents is supported by the backpack folder, which gives the parents ideas for daily changing activities with their children.

The backpack materials are available in several languages and include subject areas that are also dealt with in kindergarten: body, clothing, KiGa group, family, home, eating and drinking, exercise, animals, media education, etc.